KOLOMEYKA Russian

Music: Kismet All5

Formation: Couples in a square formation.

- 1. Partners join hands shoulder height, using Kolomeyka step, move CCW around the square using a "push-pull" action as they progress in the line of direction.

 Kolomeyka step: leap fwd R, bring L ft. up to the R, rise on toes and heels sink.
- 2. Chorus is Hungarian turn position. Partners turn with hop, step, step turn R seven measures and take a break step (L,R,L. Repeat turn with L hips adjacent. (Hop, step step: with a lifting up-beat motion hop on Rt., step fwd on L ft, and step fwd on the R ft.)
- 3. Partners facing in a single circle, with hands on hips, palms down, fingers fwd.

 Each dancer performs a zig-zig pattern using the Kolomeyka step moving alternately to the R and L. End with Kolomeyka turn both ways.
- 4. Squat step for M, push step for W. Square forms single circle, the M has his back to center, his L hand behind his neck with R hand extended. The W faces the center of the square with her R hand behind her neck and L hand extended. M's squate step: While moving fwd the M assumes squatting position with weight on R ft., M comes to upright pos. flinging L ft fwd. Continue 3 times in all (6 cts.) Stepping on R, M swings L through with a fling at same time gringing R hand to neck and extending L hand fwd. M repeats this pattern 4 times in all (16 meas.)

W's step: With her R hand behind her neck and L hand extended the W takes 7 push steps progressing around the circle. On the "ct. 7 and" the W takes a half turn L away from the center and continues with the push step burning toward the center on the "ct. 7 and". Continue completing 4 patterns in all - 16 measures.

- 5. Repeat chorus 2 above.
- 6. With hands on hips partners do the Kolomeyka step alternately L and R at the same time moving slightly toward the center of the square to form the basket. The basket moves L with the hop-step-step pattern, hopping on the R ft. End with the break step. Repeat the basket figure to the R using same step but starting on L (note: NO Kolomeyka turn with partner following this figure.)
- 7. W form circle joinging hands and face CCW, using Kolomeyka step, while M dance in place, but move fwd enough to place R hands on joined hands of partner and corner W. M faces corner W.
 - -M's Step: With L arm extended to the side M does 3 squat steps (L arm is flung fwd as L is kicked fwd.). The M completes his pattern with a break step in place.
 -W's Step: Move bwd with 7 short kicking steps and end with break step.
 - -The pattern is repeated, the W dancing back to place without turning, the M turn and placing L hand in repeat steps to place.
- 8. Repeat Chorus 2 above.
- 9. Using push-pull Kolomeyka step each square leads to a longways position with the M and H alternating.
- 10. While partners do Kolomeyka step in place, the hands are raised and lowered simultaneously.
- 11. Basket of 4 dancers and circle with hop-step-step pattern to L, break step and repeat to R.
- 12. Repeat Chorus 2 above.
- 13. Repeat push-pull Kolomeyka as partners leave floor informally. FDC-49-44 ----presented by Walter Grothe.